PORTSMOUTH TEENAGE PROJECT DECEMBER EVENTS SCHEDULE 2018













WHO WE ARE:

Portsmouth Teenage Project is run by Enable Ability and is for young people aged 14-17 years old living in Portsmouth with a physical and/or mild-moderate learning disability, or additional special need.

The Project aims to provide young people with the opportunity to engage in a variety of planned recreational, social and sporting activities as part of a group setting.

This enables young people to interact and socialise with other peers on a regular basis. Activities are designed to improve pivotal life skills for all young people; including building their confidence & self-esteem, independence, communications and multitasking skills, to name a few.

Portsmouth Teenage Project staff are trained and qualified to support young people and accommodate their needs during each activity, regardless of their level of ability, physical or otherwise.

Activities for the Project include social clubs, going out for meals, going to the cinema, ten pin bowling, art and crafts activities, baking/cooking, sports and general socialising. We also arrange a variety of day trips outside of the local area for any museums, theatres or theme parks.

Once a referral to the Project has been made – this can be by a parent, the young person themselves or a professional – we arrange a home visit to meet the family and have a chat about the Project and what we can offer.

A mini bus service is also provided to accommodate for long distance trips.

Most activities for the Project take place on a Friday evening.

There is no obligation to attend all activities; parents and carers are free to register their son/daughter for as many activities as they please.

Contact details: James Donougher, Project Leader, Portsmouth Teenage Project, Enable Ability, 311-313 Copnor Road, Portsmouth, PO3 5EG

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...THIS MONTH...



Sunday 9th December – Subway & Lazerquest

Friday 14th December – Cinderella the Panto, Ferneham Hall, Fareham

Friday 21st **December** – Enable Ability Christmas Party (joined by Hobbies Club and the Portsmouth Youth Project)

Friday 28th December – Cinema Night – Choice of Spider-Man or Aquaman







SUBWAY & LAZERQUEST – Sunday 9th December: Start this fun afternoon by meeting in Gunwharf Quays for a Subway lunch, then walking over to the Historic Dockyard and into Action Stations. Sadly, they will soon be closing their lazer quest arena, therefore it is our duty to make sure we say goodbye to this fantastic experience in style by getting the all-time greatest shooters down to the dockyard to get on that leaderboard for one last time. We have three games booked with breaks in between each game.

Please bring a drink and extra cash for the Subway lunch



CINDERELLA THE PANTO – Friday 14th December: Get your ticket and have a ball this Christmas! Left at home by the ugliest of sisters, Cinders cannot go to the ball. However, with the help of her fairy Godmother and Buttons, the most exciting night of her life can begin. We can promise you live music, stunning sets, slick choreography and sensational costumes so you can sit back and have a ball! Hollyoaks star Andy Moss joins the cast, Andy is best known for playing Rhys Ashworth in Channel 4's Hollyoaks. Fareham is also rolling out the red carpet for Ed Petrie who will be playing Buttons, best known for 'Marrying Mum and Dad' and the BAFTA nominated 'All Over the Place' – both on CBBC.

Please bring a drink





ENABLE ABILITY CHRISTMAS PARTY – Friday 21st December: Come celebrate with the Enable Ability Hobbies Club and the Portsmouth Youth Project for the best Christmas Party in town! Feel free to bring someone along with you, whether it be a loved one, a family member or a friend. Christmas is all about spending the festive period surrounded by those you love. There will be great tunes played throughout the evening from our DJ and even a chance to have your photo taken with your friends from the project in our glowing photo booth. We provide the props but you are more than welcome to bring your own, i.e. Santa hats and Christmas bells! Drinks and light refreshments provided.





CINEMA NIGHT – Choice of Spider-Man or Aquaman - Friday 28th December – Come join us for your choice of what film to watch from the newly released films; Spider-Man: Into The Spider-Verse or Aquaman. Please bring extra money if you wish to purchase food/drink at the cinema.

Spider-Man Synopsis: Teenager Miles Morales discovers the infinite possibilities of a shared multiverse known as "Spider-Verse", where anyone can wear the mask. A Sony Pictures animation starring Hailee Steinfeld, Jake Johnson, and Liev Schreiber, Spider-Man: Into the Spider-Verse is produced by Phil Lord and Christopher Miller, the duo behind hilarious comedies including The Lego Movie and 21 Jump Street.

Aquaman Synopsis: The reluctant King of Atlantis is torn between his two homes as surface dwellers and the citizens of Atlantis collide. Following on from the events of Justice League, Aquaman stars Jason Momoa as the half-Atlantean, alongside Amber Heard, Patrick Wilson, Willem Dafoe and Nicole Kidman.

Please bring a drink



ALL ACTIVITIES BELOW ARE PROVISIONAL:

Friday 4th January – Skate Portsmouth, Guildhall Square



Friday 18th January - Bake Off

Friday 25th January – Flip Out

Saturday 2nd February – Retro & Board Guildhall Games Fest

We are always looking for new activities that our young people will enjoy, if you have any suggestions, we would love to hear from you!

N.B. these are still early days for our new Portsmouth Teenage Project, therefore we are currently looking for more young people in the Portsmouth area aged 14-17 years old who will benefit from a social programme like this. Please get in touch if you know anyone with a mild to moderate physical/learning difficulty; we can then arrange a home visit with them to talk through our easy registration process before joining.

