



Portsmouth Parent Voice (PPV)
Run by parents for parents of children and
young people with additional needs or
disability

IMPACTING ON YOU

Newsletter

May 2018



Information, advice and support for parents/carers of children and young people (0-25) with special needs and disability

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Hi Everyone!

Welcome to the latest edition of Impacting on you. Hope you enjoyed the Bank Holiday Weekend and the glorious sunshine ☺

We have a lot of training, consultations and workshops coming up over the next few weeks including Fiona Nicholson from Home Education and Special Needs England who will visit us in May for a workshop and you can view her website here: <http://ehe-sen.org.uk/>

We are also pleased to welcome Philippa who will deliver our very first **Occupational Therapy workshop** in June as well as Laura and Becky who will launch their first session on **Support for Parent Carers**. These ladies are experienced professionals are very much looking forward to meeting you.

From the 16th April to 11th May, Portsmouth City Council (PCC) are consulting on the draft **Home to School Transport Assistance Policy** and the Transport Policy Statement for Post-16 Learners with SEND. The final version will published by 31st May for implementation from September 2018. PCC welcome comments and feedback from all stakeholders as part of this annual process and you will find more information on page 9. Following our consultation workshop on Friday 27th April, comments and issues raised by parent carers will be discussed at our forum meeting tomorrow and we will issue a position statement in the next couple of days.

Finally, a quick reminder that we will get in touch with you in **the next couple of weeks** regarding our **newsletter mailing list** in order to comply with the General Data Protection Regulation (GDPR). You will find more information on **page 6**.

Barbara and the Team

General enquiries: ppv@p-d-f.org

Barbara McDougall: PPVcoordinator@p-d-f.org.uk

Kara Jewell: engagementofficer@p-d-f.org.uk

Alison Cooper: ppvadmin@p-d-f.org.uk

What's On?

Events and workshops coming up soon

Are you a parent or carer of a child or young person with additional needs and disability and living in Portsmouth?

We run various coffee mornings, events and training sessions in partnership with several voluntary groups (**Autism Hampshire, Contact**) and statutory agencies (such as **CAMHS**- Child and Adolescent Mental Health Services)

| Event | Date and Time | Venue |
|---|--|--|
| Home Education and Special Needs workshop with Fiona Nicholson from Home Education and Special Needs England http://ehe-sen.org.uk/ | Saturday 12th May 10.30 am to 12.30 pm | The Frank Sorrell Centre Prince Albert Road Southsea PO4 9HR |
| Healthier Together Website Consultation | Tuesday 15th May 9.30 am to 1.15 pm | The Frank Sorrell Centre Prince Albert Road Southsea PO4 9HR |
| PPV Coffee Morning Support and Information session | Thursday 24th May 10 am to 12 pm | The Frank Sorrell Centre Prince Albert Road Southsea PO4 9HR |
| Occupational Therapy Session With Philippa | Saturday 2nd June 10.30 am to 12 pm | The Frank Sorrell Centre Prince Albert Road Southsea PO4 9HR |
| Who Cares for the Carer? Session with Laura and Becky Being a parent carer comes with its challenges, this workshop is all about resilience and support. | Wednesday 20th June 7.30 pm to 9.30 pm | The Frank Sorrell Centre Prince Albert Road Southsea PO4 9HR |

Information Update

From **May 2018**, organisations will be required to request consent from anyone on their mailing list or database. Even as a small charity, we are required to comply with this legislation.

The **General Data Protection Regulation** (GDPR) expands the rights of individuals to control how their personal information is collected and processed, and places a range of new obligations on organisations to be more accountable for data protection.

You can find more information here: <https://www.itgovernance.co.uk/data-protection-dpa-and-eu-data-protection-regulation>

Over the next couple of months, we will send you email reminders of this change. Once we are ready to send you a request for your consent, we will only be able to do this **once**. If we do not hear back from you, your name will be deleted from our mailing list.

From **June 2018**, our newsletter will move to Mail Chimp and this is when we will send you a request to confirm whether you wish to remain on our mailing list.

You will still be able to download our newsletter from our website.

You do not need to do anything now but do keep a close eye on your email folders for further communication.

Thank you



Portsmouth Disability Forum Open Day

**An Opportunity to meet local Disability Services and other
disabled people living in Portsmouth**

20th July 2018

10:00AM -2:00PM

Frank Sorrell Centre

Prince Albert Road

Southsea PO4 9HR

To book a stand please contact: Tim Smithson:

portsmouthdisabilityforumtim@hotmail.com

Telephone: 023 9281 5266



What Do You Think You Know?



Portsmouth Disability Forum

Information and Fun Day!!!

Come and enjoy yourselves

Games, Stalls, Animals, Scooter Slalom

21st July 2018

10:00AM -2:00PM

Frank Sorrell Centre

Prince Albert Road

Southsea PO4 9HR

portsmouthdisabilityforumtim@hotmail.com

Telephone: 023 9281 5266

DISABILITY



What Do You Think You Know?



Therapia ART

Unlocking emotions and feelings when words are simply not available

Art education for those who have Special Educational Needs or Disability (SEND)

- ➔ **Workshops**
- ➔ **Courses**
- ➔ **Groups**
- ➔ **One to One**

Where are We?

Therapia is located at the purpose-built education centre 'The Learning Place' in the North End area of Portsmouth. It is a SEND friendly venue and is well-equipped for art practice.

www.therapiaartportsmo.wixsite.com

Contact: Peter Lawrence BA (Hons) PGCE

☎ 023 93088453 📠 0753942659

therapia.artportsmouth@outlook.com

About Us

Therapia is run by a local fully qualified art teacher/educator with over 20 years experience working with those with Special Educational Needs or Disability

Your Views and Consultations

2018/19 Home to School Transport Policy and Post 16 Learners Statement

In January 2017, Portsmouth City Council consulted with parents/carers and other stakeholders about changes to the Home to School Transport Policy and the Post 16 Learners Statement. Changes to the policies were agreed and a summary of these changes have been available to view on the Portsmouth City Council website and the Local Offer website since September 2017 with the new policy due to come into effect in September 2018.

However, recently updated Government guidelines have necessitated further changes to the 19-25 age range offer and between 24th April to 21st May 2018, Portsmouth City Council are seeking your views on these additional changes by emailing HTSTransport@portsmouthcc.gov.uk

The proposed new Home to School Transport Policy and Post 16 Learners Statement is now available for you to view on the Local Offer at <http://www.portsmouthlocaloffer.org/local-offer-search/item/12> Please note the key changes to the Post 16 Learners Statement can be found on Pages 9 and 10 and outlines the transport offer to students aged between 19-25 years.

The Consultation closes on 21st May 2018

Wellbeing and mental health support- your views and experience.

We would like to find out about parent carers' experiences of services and support in regards to wellbeing, emotional and mental health issues for their children and young people (0 to 18).

Your feedback is so important and will enable us to share this information with commissioners and service providers in order to improve services and identify gaps.

If you have accessed the Community Paediatric Medical Services (**CPMS**), Child and Adolescent Mental Health Services (**CAMHS**) or had an admission to **A&E**, we would value your input. The survey should take between 5 and 10 minutes to complete.

To complete the survey, please follow this link:

<https://www.surveymonkey.co.uk/r/QCH5ZV2>

U Matter

The U Matter Service was launched in 2017 and we would like to hear your views on the services if you have accessed it whether as a parent or a young person.

You can find more information about the service

here: <http://www.portsmouthlocaloffer.org/local-offer-search/item/357>

And complete the survey here: <https://www.surveymonkey.co.uk/r/WXJ2P25>

Parenting Surgery

Available at **Portsmouth Family Hubs**

This is for parents of children age 5 years and above

To Book your 30min slot please contact your nearest Hub on number listed below

| Venue | Dates | Times | Specialist Family Support Worker |
|--|---|--|----------------------------------|
| Buckland Family Hub Turner Road Portsmouth PO1 4PN 023 92733440 Tamsin Cooke Business Support Assistant | Thursday 26 th April Friday 18 th May Friday 8 th June Friday 29 th June | 9.00am -11.00am 1.00pm -15.00pm 9.00am -13.00pm 9.00am -13.00pm | Lorraine Morgan |
| Landport Family Hub Arundel Street Portsmouth PO1 1NF 023 92815005 Jayda Begum Khan Business Support Assistant | Friday 20 th April Friday 11 th May Friday 1 st June Friday 22 nd June | 1.00pm -16.00pm | |
| Somerstown Family Hub Omega Street Portsmouth PO5 4LP 023 92821816 Uma Sahu Business Support Assistant | Friday 13 th April Friday 4 th May Friday 15 th June Friday 6 th July | 9.00am - 13.00pm | |
| Milton Park Family Hub Perth Road PO4 8EU 023 92827392 Claire Cooper Business Support Assistant | Wednesday 4 th April, 18 th , 25 th April 2 nd , 9 th , 16 th , 23 rd , 30 th May 6 th , 27 th June 4 th , 11 th , 18 th , 25 th July | 12.30pm -3.30pm | Tracy Brooks |
| Northern Parade Family Hub Doyle Ave Portsmouth PO2 9NE 023 92660866 Eva Lafuente Business Support Assistant | Wednesday 11 th , 25 th April 9 th , 23 rd May | 12.30pm - 3.30pm | Denise Hooper |
| Paulsgrove Family Hub Cheltenham Road Portsmouth PO6 3PL | Monday 30 th April 14 th May | 9.30am - 12.30pm | |

| | | | |
|--|--|--|--|
| 023 92385995 Kerry Bond Business Support Assistant | | | |
|--|--|--|--|

Small changes,
big differences.



Teen Triple P Discussion Groups

"For anyone who wants to help their child to be the best they can be."

Getting Teenagers to Cooperate

Monday 30th April 2018 - 9.30-12.00- Somerstown Family Hub, Omega Street,
Somerstown, Portsmouth PO5 4LP (02392 821816)

Reducing Family Conflict

Tuesday 22nd May 2018 - 10.00-12.30- at Buckland Family Hub, Turner Road,
Buckland, PO1 4PN (02392 733 440)

Building Teens Survival Skills

Thursday 28th June 2018 12.00-2.30pm - at Northern Parade Family Hub,
Doyle Avenue Hilsea, PO2 9NE (02392 660866)

Dealing with Teens Emotions

Tuesday 17th July 2018- 9.30-12.00pm - Somerstown Family Hub, Omega Street,
Somerstown, PO5 4LP (02392 821816)

TO BOOK YOUR PLACE, PLEASE CALL THE RELEVANT FAMILY HUB

For more information please contact Lorraine Morgan 07766 050 055

Lorraine Morgan- Specialist Family Support Worker (Parenting)

www.triplep.net

Small changes,
big differences.



Triple P Discussion Groups

"For anyone who wants to help their child to be the best they can be."

Developing Good Bedtime Routines

Wednesday 9th May 2018 9.30-12- at Somerstown Family Hub, Omega Street,
Southsea PO5 4LP (02392 821816)

Dealing with Disobedience

Friday 8th June 2018 - 9.30-12 noon - at Buckland Family Hub, Turner Road,
Buckland, PO1 4PN (02392 733 440)

Managing Fighting & Aggression

Monday 2nd July 12.00- 2.30pm - at at Somerstown Family Hub, Omega Street,
Southsea PO5 4LP (02392 821816)

Hassle-free Shopping with Children

Wednesday 18th July 2018- 9.30-12 noon - at Northern Parade Family Hub,
Doyle Avenue Hilsa, PO2 9NE (02392 660866)

TO BOOK YOUR PLACE, PLEASE CALL THE RELEVANT FAMILY HUB

For more information please contact Tracy Brooks- Specialist Family Support Worker
(Parenting) - 02392 827392

www.triplep.net



Family Fun Day



Friday 3rd August
10am – 3pm



**Free Admlssion, charges apply
for some activities**

Stamshaw & Tipner Community Centre
69 Wilson Road, PO2 9EL

Children's
Activities

Nerf Shooting
Range

Sellers' Market
Place



SEN Dome

Hog Roast

Tombola Raffle



Tri-Work Experience Programme - Information for Parents/Carers

Background

Employment rates for young people with long term conditions like learning disabilities, autism and severe mental health conditions are very low. Despite this, we know many young people are willing and able to work. Many young people in this group lack confidence and have had limited opportunities for work experience.

Introduction

The Department of Work and Pensions (DWP) has selected Portsmouth to be one of three local authorities to trial a work experience programme for young people with SEND. The programme will run from January to July 2018 and will deliver a supported work experience programme for SEND pupils in year 10/11 in schools. Grant funding has been provided to ensure that young people receive the support they need to undertake a successful placement.

The project will focus on:

- Individual placements of interest to the young person, with skilled Job Coach support, including on-the-job support.
- Placements can be flexible to suit the needs of the young person, school and employer. For some young people a block two week placement will be appropriate for others an extended placement of one day per week will work better.
- Some young people will need extensive support from the Job Coach and may need help with travel to the placement.

Work placement process

The Job Coach will arrange an initial meeting with the young person and their teacher/support worker and job match to design a personalised programme and identify an appropriate employer to host the work placement. They will maintain contact throughout the placement and ensure an appropriate level of support is provided for the young person (support can extend to family/carers to ensure full confidence).

A post work experience report will be completed and provide a summary of the outcomes, achievements and recommended next steps for the benefit of the young person, family/carers and teachers.

At the end of the programme all the young people will receive a certificate of achievement and will be invited to attend a celebration event.

Employers

Portsmouth City Council is working with a wide range of employers to access placements for our young people. The authority will ensure that each employer has the necessary health and safety guidelines in place and receive the support they need to offer a young person a meaningful placement.

Working with Parents and Carers

We recognise that parents and carers may have concerns about their young person undertaking a placement and will ensure that parents have the name and contact details of the Job Coach who is organising the placement.

Do you have a child who has been referred for ASD Neurodevelopmental Assessment with Community Paediatric Service (0-5) or CAMHS (6-19)?
 Do you have questions about challenging or unusual behaviour?
 Are you looking for a support network to connect with?
 Do you have questions about the assessment pathway and what to expect?

CAMHS & CPMS (Community Paediatric Medical Service) have a Liaison & Support Worker ready to give you advice and guidance at a number of rotating drop-in sessions, details below. Please contact Daniel Bevan on 07585960296, or by email dan.bevan@solent.nhs.uk for more information or to book a drop-in slot.

| Date | Time | Venue |
|---------------|--------------|--|
| 26 April 2018 | 9.30 - 11.30 | Battenburg Child Development Centre Battenburg Avenue, Portsmouth |
| 10 May 2018 | 9.30 - 11.30 | Somerstown Family Hub Omega Street, Southsea |
| 24 May 2018 | 9.30 - 11.30 | Portsmouth CAMHS Falcon House, St James Hospital |
| 7 June 2018 | 9.30 - 11.30 | Paulsgrove Family Hub Cheltenham Road, Paulsgrove |
| 21 June 2018 | 9.30 - 11.30 | Battenburg Child Development Centre Battenburg Avenue, Portsmouth |
| 5 July 2018 | 9.30 - 11.30 | Somerstown Family Hub Omega Street, Southsea |
| 19 July 2018 | 9.30 - 11.30 | Portsmouth CAMHS Falcon House, St James Hospital |
| 2 August 2018 | 9.30 - 11.30 | Paulsgrove Family Hub Cheltenham Road, Paulsgrove |



Neurodevelopmental Awareness Workshops — Summer 2018

Tuesday 5th June

What now? Understanding Autism and what it holds for the future...

Dr Jonathan Prosser (Solent NHS)

Friday 15th June

The parent journey: living with autism and building a support network.

Portsmouth Parent Voice

Friday 22nd June

So what about ADHD? Understanding and Management.

Dr Asha Gowda (Portsmouth CAMHS)

Wednesday 27th June

Sensory issues and management.

Bonnie Hanley (Portsmouth CAMHS)

Monday 2nd July

Understanding challenging behaviour.

Portsmouth CAMHS Learning Disability Team

Friday 13th July

Supporting the anxious child.

Portsmouth CAMHS Learning Disability Team

These sessions are designed with you in mind as parents, so please do come to as many mornings as you feel you need. There will be space put aside to get your feedback and views on how we can improve these group sessions.

Venue: Civic Offices, Ground Floor Meeting Room 5, Portsmouth City Council, Guildhall Square, PO1 2AL

Time: 9.30-11.30am

Contact Daniel Bevan (dan.bevan@nhs.net) to book a place or for further information.





Volunteer opportunity

We are looking for volunteers for several social groups for adults with High Functioning Autism or Asperger's.

If you have autism or have knowledge of the condition and would like to gain skills in running a social group and want to volunteer we would like to hear from you.

As a volunteer you will receive;

Training

Reasonable travel costs

Ongoing support

If you are interested or would like more information

Please contact Jamie Pratt on 07701397511

Jamie.pratt@autismhampshire.org.uk

<https://www.facebook.com/serendipitysocialgroups/>

Little Stars!

Stronger Futures

Drop in group for any children aged 0-5 years with Additional Needs



Every Wednesday: 1pm - 2.30 pm
@ Northern Parade Children's Centre
Doyle Avenue, Hilsea, PO2 9NE

This is a fun and informal group led by Children Centre Staff and a volunteer. There are fun activities for the children and time for you to meet other parents for a chat and tea/coffee.

For more information please contact: Northern Parade Children's Centre
Phone: 023 9266 0866 Email: louise.barker@portsmouthcc.gov.uk



NEWS IN BRIEF

Disability Equipment Service (DES)

Need to buy or sell disability equipment or have equipment that you would like to donate? The Disability Equipment Service (DES) website, www.disabilityequipmentservice.co.uk, is a national website for the buying and selling of disability equipment. The website is free to use and has been designed with simplicity in mind. It also includes a wanted section. They accept donated equipment (they will collect from you) with a percentage of proceeds being donated to charity (currently Guide Dogs).

To find out more: <https://disabilityequipmentservice.co.uk/> or email the team at team@disabilityequipmentservice.co.uk, telephone/text 07845 041678, Facebook Disability Equipment Service or Twitter @DESwebsite. Even if you do not need the service at the moment, make their website even better by telling your family, friends and anyone else you know, about it. You can also help them promote it by liking them on Facebook or following them on Twitter.

The Portsmouth Carers Centre

We've changed the way we do things, it's all about the conversation! Here at the Carers Centre members of the team have spent some time working on improving our services for carers. We wanted to make it easier to access the service and to understand what mattered to carers when getting support.

There are now no forms to fill out, we will start with a conversation with you to understand your situation and help you to work out what type of support might help. You'll have a named member of staff to talk to about what matters to you, carers often find it useful to get information and advice, support to have a break or just to have a listening ear. We will then ask you how and when you'd like to have contact us in the future so that you can use the Carers Service in a way that suits you.

If you'd like to talk to us you can drop in, call, e-mail or use Facebook Messenger, whatever is most convenient.

Portsmouth Carers Centre, 117 Orchard Rd, Southsea, PO4 0AD
Opening hours - Monday - Thursday 9-5, Friday 9-4.30, Saturday Café 10-2
Telephone number - 023 9285 1864

E-mail carerscentre@portsmouthcc.gov.uk

Visit www.facebook.com/portsmouthcarerscentre for news and events

Enable Ability Portsmouth Youth Project

Portsmouth Teenage Project is run by Enable Ability and is for young people aged 14-17 years old living in Portsmouth with a physical and/or mild/moderate learning disability, or additional special need.

The Project aims to provide young people with the opportunity to engage in a variety of planned recreational, social and sporting activities as part of a group setting.

This enables young people to interact and socialise with other peers on a regular basis. Activities are designed to improve pivotal life skills for all young people; including building their confidence & self-esteem, independence, communications and multitasking skills, to name a few.

Portsmouth Teenage Project staff are trained and qualified to support young people and accommodate their needs during each activity, regardless of their level of ability, physical or otherwise. Activities for the Project include social clubs, going out for meals, going to the cinema, ten pin bowling, art and crafts activities, baking/cooking, sports and general socialising. We also arrange a variety of day trips outside of the local area for any museums, theatres or theme parks. Once a referral to the Project has been made – this can be by a parent, the young person themselves or a professional – we arrange a home visit to meet the family and have a chat about the Project and what we can offer.

For more information. Please contact James on 023 9267 1874 or email portsmouthtp@enableability.org.uk

You can find full details of the programme here: <http://www.enableability.org.uk/wp-content/uploads/PYP-MAY-2018-EVENTS-SCHEDULE1.pdf>

The NAS School Exclusions Service

This service provides information and advice for parents of autistic pupils who are either at risk of exclusion or have been excluded from school or college. The aim of their work is to help parents and schools work together, to overcome the barriers to inclusion and ensure that pupils' needs are met, thus reducing the number of autistic pupils excluded from schools. The NAS School Exclusions Service (England) offers advice and information on all aspects of school exclusion in England. This includes advice on:

- informal (illegal) exclusions;
- fixed-period and permanent exclusions;
- how to challenge your child's exclusion;
- what you can do if you are concerned that your child is at risk of exclusion;
- exclusion from school clubs and trips.

Make an

enquiry or request a phone appointment by emailing schoolexclusions@nas.org.uk or phone 0808 800 4002. Leave a message on their answering service (free from landlines and most mobiles).

Portsmouth Autism Community Forum (PACF)

PACF would like to invite you to the first meeting of the **Portsmouth Autism Community Forum** on **Friday 18 May 2018, 10-30-12:30** at

Learning Links offices, (ground floor)
3 St Georges Business Centre,
St Georges Square,
Portsmouth PO1 3EY

The meeting will run 10:30-12:30. Coffee, tea and refreshments will be available throughout. The venue is fully accessible and located near to Gunwharf Quays and The Hard bus station. Limited free parking is available - please contact us if you need parking. We will refund travel and carer costs for attending this meeting.

The Autism Community Forum will be a place where people with autism, their families and carers can meet with service providers such as the council, health services and support groups. We want your views and for you to have your say to make services in Portsmouth better. Healthwatch Portsmouth are working with the council on this project to involve as wide a range of people as possible.

The first meeting will discuss how to set up the forum and how it could run including timings for meetings, venues etc. We expect the Forum to meet every three months. The meetings will be informal but run to an agenda: there will also be a chance to have your say by email, or social media, if for whatever reason you can't come to the meeting.

We look forward to seeing you on 18th May. If possible please could you let us know if you are planning to attend.

For more information, please email Luke:
Luke.evans@learninglinks.co.uk or call 07581 564 938

Would you also like to get involved and give your views on the answers from organisations who want to provide the Adults Autism Diagnosis Pathway?

Portsmouth Clinical Commissioning Group are re-tendering the Adults Autism Diagnosis Pathway in the city to make sure the best organisations provide the diagnostic and support service in the city. A tender involves asking organisations to answer a number of questions about how they would deliver the service, then scoring their answers, to work out who will do the best job. If you would like to be involved in the scoring process, and are available on the 17th May, please contact Rosie Penlington on 023 9268 8503 or email rosie.penlington@portsmouthcc.gov.uk You don't need to have any previous experience in tender evaluations, as full training will be given.

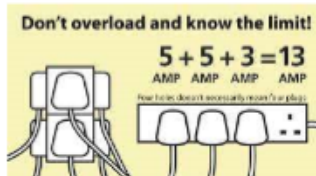
Hampshire Fire & Rescue Service

'Plug & Socket Safety'

Use our simple online

'Socket Calculator'

<https://www.electricalsafetyfirst.org.uk/guides-and-advice/around-the-home/overloading-sockets/>



Check regularly for danger signs:

- Smell of hot plastic or burning near an appliance or socket
- Sparks or smoke coming from a plug or appliance
- Blackness or scorch marks around a socket or plug, or on an appliance
- Damaged or frayed leads
- Coloured wire inside leads showing at the plug or anywhere else
- Melted plastic on appliance casings or leads
- Fuses that blow or circuit-breakers that operate for no obvious reason

Night Time Checks

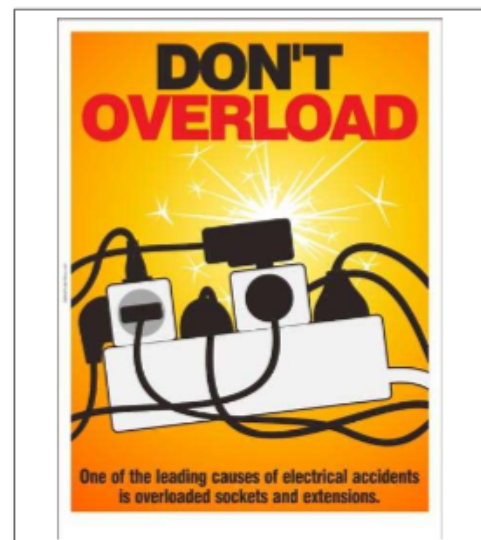
Most fires happen between 10pm and 4am and most fire deaths happen at night, when people are asleep. Make sure your smoke alarms are working, check them once a week.

- Do not smoke in bed.
- Do not use candles if you are likely to fall asleep.
- Do not cook when you have been drinking alcohol or taking drugs, or if you feel very tired

Before going to bed, check that:

- You have closed all doors.
- Your fire and any heaters are turned off.
- All candles have been put out.
- All cigarettes are out and ashtrays have a little water in them.
- All electrical equipment which is not designed to be left on overnight is turned off and plugs removed or switches turned off.
- Your cooker is turned off.

KEEP YOUR EXIT ROUTES CLEAR



For more information on keeping safe in your home:

<https://www.hantsfire.gov.uk/keeping-safe/loveyourhome/>

Top Tip For Talking

May



**Have fun
together!**

**Take time to play, sing
and look at books—
you don't have to read
all the words.**

**Parents have the
biggest influence on how their
child learns.**

You can keep in touch with us using the following



Website: www.portsmouthparentvoice.org



Facebook: Like our page Portsmouth Parent Voice



Twitter: You can follow us at @PparentVoice



Email ppvcoordinator@p-d-f.org.uk



Phone: 07825 185 608



Instagram: [ppvcoordinator](https://www.instagram.com/ppvcoordinator)



Pinterest: Portsmouth Parent Voice



Write: Portsmouth Parent Voice

The Frank Sorrell Centre, Prince Albert Road, Southsea, PO4 9HR