

May 2025

Dear all,

Welcome to PPV May 's newsletter. We hope you find it useful to see all we have been doing.

We will be back to the office on Monday 2nd June 2025. Wishing you all a lovely half term.

PPV Team

PROJECTS PPV HAVE BEEN WORKING

This half-term PPV have been busy supporting The Portsmouth Send Local Offer with planning for coproduction week. We will be hosting events throughout the week to encourage people to participate in coproduction. Coproduction week runs from the 30th June to the 4th of July. If you are interested in learning more please contact us.

In our coproduction group SBFT we heard feedback from professionals after our workshops on Social Emotional Mental Health. It was great to hear how parent/carers lived experience with services has changed the pathways and shaped changes to services like CAMHS and MHST. We also worked on some videos for parent/carers attending first appointments with Occupational Therapy and Speech and Language Therapy.





PARENT/CARER QUOTES

"It was very nice and straightforward. I got everything I came for."

"It was very good, a lot of positives for myself and other parents. My son needs alternative help so some of the advice will partially help him and hopefully get him some extra support now."

"It was informative and easy to understand."



Upcoming events

June CAMHS DROP IN

10:00am - 12:00pmPortsmouth Central Library, Guildhall Square, Portsmouth, POI 2DX

MORIAH COFFEE MORNING
10:30am - 12:30pm
Portemouth Control Library G

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Portsmouth Central Library, Guildhall Square, Portsmouth, PO1 2DX

SOLENT PARENT HUB
1:45pm - 2:45pm
Solent Infant School (for Solent Infant School Parents only)

MILTON PARK PARENT HUB
9:00am – 10:30pm
Milton Park Primary School (for Milton Park School Parents only)

June 200M SLEEP COURSE 7.00pm - 9:00pm Online - booking required

ND DROP IN
9.45am – 11.45am
Portsmouth Central Library, Guildhall Square, Portsmouth, POI 2DX

ZOOM SLEEP COURSE
7.00pm - 9:00pm
Online - booking required

July
1 10:00am - 12:00pm
Portsmouth Central Library, Guildhall Square, Portsmouth, POI 2DX

MORIAH COFFEE MORNING
10:30am - 12:30pm
Portsmouth Central Library, Guildhall Square, Portsmouth, POI 2DX

ND DROP IN
9.45am – 11.45am
Portsmouth Central Library, Guildhall Square, Portsmouth, PO1 2DX

These sessions are open to parent carers of children and young people with special additional needs and disability.

Feel free to bring a friend or family member.



SPOTLIGHT ON A SERVICE National Deaf Children's Society

What is National Deaf Children's Society?

The National Deaf Children's Society, is the leading charity for deaf children. They are for every deaf child who need support – no matter what their level or type of deafness or how they communicate.

What they do:

They give expert support on childhood deafness, raise awareness and campaign for deaf children's rights, so they have the same opportunities as everyone else.

Some of the things they support with are:

- **Helpline**, to support you with free independent information, advice and guidance on a range of topics relating to childhood deafness.
- Advice and Guidance officers can give one-to-one advice and guidance on a range of topics including education, communication, social care, discrimination, independence and welfare benefits. They are based around the UK, so they know your local area's support services and offerings.
- **Education Appeals Specialists** give independent advice and support to young people and parents of deaf children on special educational needs across the UK.
- My NDCS: a free app for parents of deaf children a free app to support you and your deaf child, today and as they grow.

• **Information and support** if you've just found out your child has a hearing loss, you need support with making decisions as your child grows up or you work with deaf children.

Family involvement As the parent or carer of a deaf child, there are
many ways for you to get involved in the National Deaf Children's
Society. By joining one (or all!) of the groups listed below, you can find
out more about supporting our work, influencing decision makers in
your area to help deaf children, or can simply share your story and
experiences. Your experiences and insights can make a real difference.

Accessing the service

Website: www.ndcs.org.uk

Contact: Kayleigh.Greenwood@ndcs.org.uk

Phone number: 07974363480





Ellie Clarke

Position at PPV and the year you joined:

Portsmouth Parent Voice Operations Assistant - 2024

Reason for joining:

I'm really proud of lots of the events that we have helped organised to support parent carers in Portsmouth and signpost to the amazing work that lots of other services are doing in the city. Some examples of this include the Local Offer Live and the Celebrating Neurodiversity event.

Biggest achievement whilst working at PPV:

One of my biggest achievements while working for PPV has been coproducing the Neurodiversity Parent Hubs in schools. This focuses on meeting the specific needs of families in each school, ensuring better outcomes for our children and young people and their families. Collaborating with schools and parent carers to create a plan that is meaningful has been incredibly rewarding.

The song that gets you on the dance floor:

You Can Call Me Al by Paul Simon.

Three people you'd invite to your dinner party (dead or alive):

Agatha Christie, Amelia Earhart and Sherlock Holmes.

What superhero would you be and why:

Storm from X-Men so I could control the weather (more sunshine please!) and fly using the wind.

If you were an animal what would you be and why:

I would be a dolphin. I love how social and playful dolphins are and I love swimming so the freedom to explore the oceans would be incredible!

What I wanted to be when I was a child:

I wanted to be an author, I loved reading and wanted towrite magical mystery books.



PPV is closed from 23rd May 2025. We are back in the office on 2nd June 2025.



Visit our website, read about what we do, sign up to our newsletter, book a zoom sleep course, contact us and more:

portsmouthparentvoice.org



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